



Sports Newsletter



Welcome

Welcome to all the children and parents of St Maria Goretti Catholic Academy. The first term is already over and our sports teams have had a fantastic start to the year. There have been successes in football, multi skills and swimming. A large number of children in the school have accessed a sporting after school sessions this term. We hope to keep the numbers of attendance to afterschool sports clubs high in the following term. Last year we introduced alternative sports to the curriculum to allow the children to experience other sports. This term we have continued with the alternative sports in our P.E sessions. These sessions will allow the children the chance to gain new skills and explore other areas of sports. Year 4 and year 6 have accessed these sessions so far and the other classes will get their chance to excess the sessions throughout the year. It has been a great start to the year and we hope this sporting achievement continues.

This year the children are also accessing P.E sessions delivered by ST Thomas More Catholic Academy P.E department. These sessions will allow the children to become familiar with staff from the high school and also learn new skills and games to allow them to access a wider range of competitions.

Finally, a big thank you to all of the parents that have supported and continue to support with sporting clubs afterschool and encouraging their children to access sports in and outside of school. We would not be able to do everything we do without your help, so we would like to thank you for all your efforts.

Let's hope for another successful year for St Maria Goretti catholic Academy.

From myself and all the staff at St Maria Goretti we want to wish you all a Merry Christmas and a Happy New Year.

Miss Wright
(P.E co-ordinator)

Alternative Sports

This term Year 4 have taken part in boxing as their alternative sports.

Below are clubs outside of school that you can access boxing if you are interested in taking it up as a sport.

- **Stoke Freestyle Kick Boxing**
Edinburgh House, Harding Road
Stoke-On-Trent
Phone: 07912846284
- **10 Count Boxing Gym**
Unit 41 Imex Business Park
Ormonde Street
Fenton
Phone: 07715631139

Also this term year 6 have learnt how to play volleyball as their alternative sports.

Alternative sports after half term:

Year 1 – Target games

FS1 and FS2 - Yoga



Events next term

Boot camp on the school yard – 8.30am
Wednesday 20th January

Time for sports active family sessions starting
at school – Tuesday 26th January

KS2 MAC competition – Wednesday 3rd
February

Dance 2016 - Monday 7th March

Boot camp on the school yard – 8.30am
Wednesday 9th March

Change for life – Monday 14th March

KS1 multi skills – Monday 21st March

Y3/Y4 MAC bench ball competition –
Wednesday 23rd March



Awards



Well done to the children in year 5 and year 6 that represented the school at a MAC football competition at St Thomas More Catholic Academy.

Well done to the children in foundation stage 2, year 1 and year 2 that represented the school at a MAC multi skills competition.

Other sporting news

See below other clubs your child can access.

- Soccer Lions – offer a range of sporting activities. For classes contact 07747867745
- Kiddy Pandas – Football, Rugby, Tennis classes.

Contact 01782 448615

- Steelworks performing arts academy – contact 01782 744993



After Christmas Time for Sports will be running a free family healthy lifestyle programme at school.

The programme is funded by Stoke on Trent Public Health which supports the NHS Change 4 Life Campaign. The programme is designed for families with children aged 5-11.

During the programme families will:

- Take part in fun physical activities
- Complete healthy recipe workshops
- Receive discount vouchers for local sports facilities
- Receive free prizes

So why not make a new year's resolution to get fit and healthy in 2016 and join our active family programme. Look out for the registration forms being sent out soon.

Fitness Challenge

Challenge 1

How long can you hula a hula hoop?

Challenge 2

How long can you do keep ups with a football?

Challenge 3

Count how many skips with a skipping rope you can do in one minute?



Reminders

- Remember to bring in any sporting certificates you receive from any clubs you attend to share with the school during celebration assemblies on Fridays.
- Every child in school needs to make sure they have the correct P.E kit in school.