



Archdiocese of
Birmingham



St Maria Goretti Catholic Academy

Physical Education Policy 2017-18

POLICY

Approval and review

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| Committee to approve policy | Achievement and Standards Committee |
| Date of Academy Committee Approval | June 2017 |
| Chair of Academy committee | Mr Ray Chadwick |
| Signature | |
| Head teacher | Mrs M Yates |
| Signature | |
| Policy review period | 12 months |
| Date of policy review | June 2018 |

MISSION STATEMENT

With respect for God and united in faith, we place service before self to inspire hearts and minds.

By achieving together through our love and faith, we place Christ at the centre of all we do.

Introductory Statement

This policy document aims to reflect the philosophy of our school in relation to the teaching and learning of high quality P.E.S.S. It provides a basic framework through which all staff, teaching and non-teaching, can approach P.E.S.S. and gives guidance in areas such as curriculum content, planning and evaluating and Health and Safety.

ST MARIA GORETTI CATHOLIC ACADEMY

PE Policy

Introduction

Physical education is part of the curriculum that can contribute most to the physical development and experience of the pupils. It provides opportunities for the development of manipulative and motor skills, co-ordination, control, mobility and strength. It also contributes to the development of social, personal and emotional skills necessary for an individual to interact with others, or operate independently and with enjoyment.

Aim

- To fulfil the requirements of the National Curriculum and to provide a broad and balanced programme of physical education.
- To promote physical activity and healthy lifestyle.
- To teach, through experience and knowledge, the values of participation in physical activity.
- To develop an appreciation of skilful and creative performance across the areas of activity.
- To establish self-Esteem through physical confidence.
- To encourage positive attitudes that promotes co-operation and fair play.
- To provide opportunities which will enable children to become independent learners through discovery, decision making and evaluation.
- To raise awareness and understanding of the importance of health and hygiene through physical activity.
- To promote activities which will help develop children's inter-personal skills through structured partner, small group, team and class work.
- To provide opportunities for children to play some competitive fixtures with other local school teams.
- To ensure safe and healthy practice, by providing challenge with minimal risk but no danger.
- To identify gifted and talented children and encourage them to develop their skills further through local community clubs and competitions.

Strategies for Teaching and Learning

The PE programme has been planned and progressively structured to the needs of the pupils, whilst matching the requirements of the National Curriculum. Emphasis will be on quality of movement, skills acquisition, evaluation and the development of concepts and positive attitudes.

At KS1 children will participate in the following areas of activities in each year group:

- Games;
- Gymnastics, and
- Dance.

At KS2 children will participate in the following areas of activity in each year group:

- Athletics;
- Dance;
- Games;
- Gymnastics;
- Outdoor and adventurous activities.

In addition children in years 3, 4 and 6 will participate in swimming lessons.

All lessons are now taught in mixed groups within their own class, except for swimming which is taught in ability groups.

Inclusion

All children are included in every lesson unless there is a written note from parents. They should however provide their own kit; spare kit is usually available if theirs is not. Kit will be supplied for the next few occasions and after that children will be expected to bring their own.

A well-balanced and planned PE programme should meet the physical and social needs of all pupils in an ethnically diverse society, allowing all children across the ability spectrum to succeed.

By setting suitable learning challenges, responding to pupils' diverse learning needs and overcoming potential barriers to learning and assessment, teachers will create a positive and achievement orientated learning environment.

For those for whom English is their second language, care needs to be taken over the way in which tasks are presented and explanations given. Children should be encouraged to broaden their vocabulary, enabling them to use appropriate terms and language to describe their own and others performances.

Children with specific physical needs are supported and are encouraged to join in as much as they are physically able.

Time Allocation

The expectation is that two hours of quality PE is taught weekly through the school.

Clothing

The children should be made aware of the importance of changing for PE and be made aware of the safety aspects and hygiene principles involved.

At foundation, KS1 and KS2 t-shirt and shorts are worn for all PE lessons. All children are encouraged to wear a white T-shirt and black shorts. During colder weather children are encouraged to wear plain black or dark blue sweatshirts (without a hood) and jogging bottoms (or other appropriate warm clothing on top of their PE kit when working outside.)

Gymnastics and dance will be performed in bare feet. Pumps or trainers will be worn for games lessons. Swimming kit will consist of trunks/costume and a towel. Swimming caps are to be worn by both girls and boys with longer hair.

Children in the nursery are gradually introduced to the concept of undressing for PE.

The children are encouraged to keep their PE in a named bag which will remain in school and taken home at weekends or holiday time.

In line with the school uniform policy all long hair should be tied back. Jewellery should not be worn during PE lessons, this includes ear rings.

Non Participants

Children who forget their kit are asked to bring it in next time. If this problem persists a note is sent home reminding parents that their PE kit is to be kept in school. Those not taking part in the outdoor games should be placed in a convenient place where they can be supervised with work. This could be observing the lesson to give feedback or refereeing during a game.

Health and Safety

We encourage communication between home and school regarding a child's health and fitness. All children are required to participate in PE lessons unless excused by a note from parents or a doctor.

Teachers should be aware of children suffering from asthma and of where the inhalers are kept. Inhalers must be taken to the swimming baths. It is the teacher's responsibility to ensure that their inhaler is at hand should they need it in KS1 and the child's responsibility in KS2.

In the interests of safety, annual checks are carried out by contractors and any damaged apparatus removed for repair or replacement if the budget allows. Equipment must be checked by the teacher before use by the children and anything regarded as unsafe must be withdrawn and reported immediately to the Health and Safety representative.

When apparatus is being moved the teacher must supervise the situation. Children should move and carry equipment carefully and correctly. Children are made aware of their own safety and that of others and should, therefore work quietly and carefully and be ready to respond quickly in the event of an accident.

Accident Procedure

If an accident occurs, the pupil should be sent to a qualified first-aider or the first-aider called to the incident. The incident should be recorded on an accident form, as per school guidelines.

Resources

Gymnastic equipment is kept in the hall and must not be accessed by anyone other than qualified staff. (Netball posts are kept on the school yard or in the garage). Pupils are allowed to collect this equipment under the supervision of the teacher or other adult. Teachers are responsible for the collection and returning of games equipment to the PE store.

- Hall for PE lessons
 - Fixed and moveable apparatus. When accessing apparatus the children should:-
 1. Always walk forward and look where they are going.
 2. Not lift apparatus over the heads of other pupils.
 3. Always lower apparatus gently.
 4. Never drag apparatus, including mats.
- Playground for games lessons with netball court markings.
- Playing field for games and athletics lessons;
 - Marked in winter – a football pitch, hockey pitches and training grids
 - Marked in summer – athletics track, throwing arc and rounder pitches.

Assessment

Assessment will be on-going throughout the key stage and will be based on teacher's own judgement of the pupil's performance and individual achievement and national curriculum objectives. It will provide useful information of pupil's attainment of knowledge, skills and understanding as shown within the National Curriculum's end of key stage level descriptions.

Parents are informed of their child's progress by means of their annual report at the end of each academic year. Outstanding achievements are acknowledged at prize day. Children with particular talents in PE will be identified and information passed on to parents, teachers and their next school.

Extra-Curricular Activities

We have traditionally provided a wide range of extra-curricular sporting activities and will endeavour to continue to do so. We expect firm commitment from the children participating, so that they attend regularly (giving apologies if unable to do so), sustain attendance over the entire season and wear suitable clothing.

We encourage positive attitudes towards fair play, honest competition and good sportsmanship as individuals, team members and spectators. Children attending these clubs are expected to represent the school as and when chosen to do so.

Signed: Chair of Sub-committee Governors

Signed : Headteacher

Date: June 2017

This policy will be reviewed: