3. Inappropriate Content

The internet is open for anyone to post material on it; therefore your child may sometimes see things that they wish they hadn't or are inappropriate for their age.

Tips:

1) Speak to your internet service provider about setting up parental controls for your internet. Whilst these filters will help to reduce the risk of your child viewing inappropriate sites, they are not 100% effective as some sites may slip through the net.

2) Encourage your child to tell you if they have seen something online that makes them feel uncomfortable or upset.

Further Information

Parent Workshops: **09:00 Thursday 6th October**

Online Safety Group: If you would like to become a parent representative on our Online Safety group. Please register your interest at the school office.

Questions or Comments: Please make an appointment to see Mr Burrows (Computing/Online Safety Leader) via the school office.

Useful websites: For a list of useful websites please visit our school e-safety page : www.saintgregorys.org.uk/e-safety

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St. Gregory's Catholic Academy

Digital Update

www.saintgregorys.org.uk/e-safety

Each and every day our children are surrounded by technology. Whilst our ability to pick up a phone or tablet and gain instant access to a wealth of information helps us to learn and keep up-to-date, it can also present risks.

As parents and teachers, it is important that we work together to reduce online risks and support our children on how to navigate any that they may face. At St. Gregory's, we understand that the internet plays an important role in our children's lives and these ***Digital Updates*** will provide half-termly updates, hints and tips on how we can work together to keep our children safe online.

App Update: *Pokémon Go*

This app is being played by many children (and adults) around the world and whilst being great fun, can pose some risks. There have been reports in the news of children venturing into dangerous locations whilst searching for creatures to catch! **Please supervise your children if they are using the app.**

What risks could my child face online?

The internet is an invaluable resource and is part of everyday life but it is important to understand some of the risks than can be associated with its use. This section will look at some of the difficulties our children could face online and offers tips on how to minimise these risks.

1. Cyberbullying

Cyberbullying is when someone uses the internet or technology (mobile phones, games consoles etc.) to bully someone else. Because we use the internet and technology everywhere, this type of bullying can affect children not just at school, but at home as well. Due to the anonymity afforded by online communications, it can be tricky to identify who the bully is.

Tips:

1) Have frequent conversations with your child about how they are using technology.

2) Ensure that you know who your child is talking to online. A good rule here is to only allow your child to speak with friends they see in person regularly when online.

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If your child is being cyberbullied:

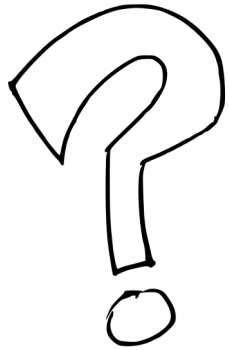
1) Ensure your child does not respond to the bully

2) Block contact with the bully

3) Save any relevant communication, such as texts, emails or webpages.

4) Report the incident either to the website or service provider, your child's teacher or, if it is persistent harassment, to the police.

2. Fake Profiles



Sometimes people online are not always who they say they are. It is important to remember that pictures are readily available online and can be used as display pictures for fake profiles.

Tips:

1) Know who your children are talking to. Ensure that your child is only speaking to people they see regularly in person when online.

2) If you're worried about someone's behaviour online, you can report this discreetly using the CEOP button at the bottom of our school website.